

Social Prescribing

**Do you have social, emotional or practical concerns and need support?
Our Social Prescribing Team may be able to help.**



Housing

Support with housing applications/issues/repairs, mobility in the home, safety and care alarms.



Social Isolation

Help with accessing groups, activities, befriending services, day care and more.



Mental Health

Access to mental health support, bereavement support, groups, online support and more.



Family Support

Link to family/carer support groups and more.



Finances

Benefit support, grants, foodbank, help filling forms etc.



Employment

Further education, employability courses, volunteering.

**Together we can discuss the problems you are facing and explore what matters to you.
We can help you find local services and activities and help you access them.**

**To make a referral:
Call us on (01946) 599998
or email us on nencicb-cu.copelandsp@nhs.net**

Must be registered with Lowther Medical, Fellview or Seascale Surgery